



**Royal St. Lawrence Yacht Club**  
**Physical Distancing and Sanitation Directive**  
**as of May 20 – PHASE: Code flag Tango**



**An important message from the Commodore**

These exceptional times of COVID-19 require that the Club implement exceptional measures and that its members demonstrate exceptional discipline to ensure that we will all remain healthy and that we can still enjoy the summer season.

We have finally received the long-awaited authorization to open the tennis courts as of May 20<sup>th</sup>. The courts will be available by Wednesday, June 3<sup>rd</sup>.

Please read this document carefully. The authors consulted with government sources, provincial, national, and international federations, as well as other tennis experts. Also remember that as circumstances change, this document will also evolve.

I wish you the best tennis season possible!

Jacques Boucher, Commodore



# Royal St. Lawrence Yacht Club

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#### Partie 1 Objectives and Guiding Principles

The objective of this document is to inform all members of the procedures and requirements in place to ensure that we may safely go to and use the Club, with minimal risk associated with COVID-19, when government authorities allow us to open.

1. Due to the unique nature of this pandemic, all who visit the Club must recognize that collectively we are doing our best and cannot be held liable should anyone fall sick of COVID-19 or a related illness, after coming to the Club.
2. Should a member observe that another person at the Club is not respecting a requirement of this guideline, it is acceptable to politely and respectfully ask that person to conform to our requirements. Should the issue not be resolved we ask the member to communicate with our Club Manager, Mr. Florin Tosun, or the Assistant Manager, Mr. David Fleet. Both have full authority from the Commodore and the Executive Committee of the Club to enforce this Directive.
3. These are not normal circumstances. All members are asked to be flexible and polite and to compromise when necessary.
4. This issue of our Directive applies to activities that will be allowed in the second phase of the reopening of our Club: the use of **tennis courts**. As the situation evolves, we will publish revised versions that will explain how we will be allowed the use of more parts of our Club.
5. We regularly consult with other experts and associations such as Tennis Quebec and Canada to ensure that we implement best practices tailored to the various parts of our Club, such as our tennis courts, docks, bar, dining room and swimming pool.

#### Part 2 Arriving at the Club

Please **do not come to the Club unless it is to go to your boat** or to play **tennis!** The Club is far from fully open and we are still subject to the requirements of physical distancing.

1. Everyone who comes to the Club property shall have first read this document and be ready and equipped to fully abide by its provisions.



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2. **Do not, under any circumstances, come to the Club if you have any symptoms of COVID-19, if you are living with a person who has such symptoms. If you are under a government mandated self isolation period, you are required to complete it before coming to the Club.**
3. If you have a condition whereby you are **immunosuppressed** or have a **chronic illness**, you should consult your physician or the web site at the Institut National de Santé Publique (<https://www.inspq.qc.ca/>) which has extensive information, to help you decide if you should come to the Club.
4. In keeping with the latest best practices, **everyone coming to the Club must carry a face covering and wear it over the nose and mouth should you be unable to stay 2 metres or six feet from another person.**
  - a. This is to protect your fellow Club members and staff, should you **unknowingly** be a carrier of the virus.
  - b. If you are in a barrier-free space that allows you to easily see and avoid a person approaching as on a tennis court, wearing the mask is not mandatory.
5. The Club will make its best efforts to provide hand washing stations and/or hand sanitizer. However, members are kindly requested to bring their own hand sanitizer and use it liberally.
6. All government mandated physical distancing and sanitation measures must be fully complied with when you come to the Club.
7. The three most basic requirements that everyone must respect when at the Club are:
  - a. Do not use common objects that have been touched by another player (such as balls, scoreboard, etc.) You will notice that we have voluntarily removed the score boards as well as the benches.
  - b. Wash your hands frequently and thoroughly (minimum 20 seconds with soap and warm water) or use hand sanitizer.
  - c. Maintain six feet or two metres distance from each other.
8. The Club may post specific directives on notice boards at the Club and on the grounds. Please look out for, read, and respect them.



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### Part 3 Access to the Club's buildings and washrooms

1. In this first phase of opening the Club buildings are closed.
2. Portable chemical toilets will be made available for those who must use the bathroom while on the property.

### Part 4 Access to tennis courts

1. When you want to play tennis, you must follow these guidelines, especially:
  - a. Do not use common objects that have been touched by another player (such as balls, scoreboard, etc.).
  - b. Wash your hands frequently with soap and water or hand sanitizer.
  - c. Maintain physical distancing, with people around you.
2. As long as the Club house is closed, access to the property will be through the car gates (contact the Club office if you do not have an access card to open the gate).
3. To access Courts 1 and 2, you will need to use the door adjacent to the west side car gate, near the green building.
4. On Court 3, access to the ball machine is by reservation.

### Part 5 Before playing

1. Book your court online, 24 hours in advance, using our new electronic booking system on our website for up to one hour at a time. Once the time is over, you may continue playing until new players show up.
2. Show up at the scheduled time, but maximum 10 minutes before to avoid crowding.
3. Bring and mark your tennis balls with a marker so you can identify them and make sure you only touch yours unless you play with someone from your family unit.
4. If you use the ball machine on Court 3, you must disinfect the ball machine and ball picker before and after you have used it. Avoid handling practice balls.



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5. Bring with you a hand sanitizer and your own equipment (racket, water bottle, bag) for use after the game to avoid sharing.
6. Make sure, when you arrive on the court, you have enough water to avoid having to touch a tap or a water fountain.

**Part 6 As you enter the court**

1. Wash or disinfect your hands before the tennis match.
2. Maintain a minimum of 2 meters with your partner and when letting players out of the court. They have priority of access to the door.
3. Wearing a mask is recommended but not mandatory.

**Part 7 During the game**

1. It is only permissible to play singles with an opponent.
2. Avoid physical contact with the other player (handshake, hug) unless you are playing with someone from your family unit.
3. Avoid touching your face. If you need to remove sweat, use a towel reserved for this purpose, being careful to put your hands on one side and never change sides.
4. As much as possible, use your racket and foot to pick up your partner's marked balls or to send them to the other player unless you are playing with someone in your family unit.
5. Stay on your side of the field.

**Part 8 After Playing**

1. Wash your hands thoroughly with soap and water or with a disinfectant.
2. Disinfect your equipment (racket, balls, water bottle, bag).
3. Leave the court immediately after your session.



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**Part 9 Other facilities**

Separate documents will be issued when the Club house, the docks, the refueling dock, the swimming pool are accessible. Our priority with phase Tango is the safe use of the tennis courts and of the ball machine. Our pool, tennis, house and sailing committees are hard at work planning for the best season we can have in accordance with best practices for these activities.

**Part 10 Enforcement**

All members shall comply with these directives with civility and politeness to others. The Club reserves the right to warn anyone for non respect of these directives, insist that they be followed and expel from the property anyone not respecting them.

Should you have any questions or concerns please call our Club Manager or Assistant Manager.