



Standing Sailing Instructions 2019

Royal St. Lawrence Yacht Club



1 DISCLAIMER OF LIABILITY

- 1.1 The Organizing Authority for races governed by these Sailing Instructions is the Royal St. Lawrence Yacht Club (“**RStLYC**” or the “**Club**”). Competitors participate in the racing entirely at their own risk. See Rule 4, Decision to Race of **The Racing Rules of Sailing**. The RStLYC will not bear any liability whatsoever for any property damage or personal injury sustained in conjunction with, or prior to, during, or after racing.

2 RULES

- 2.1 The races will be governed by the rules as defined in **The Racing Rules of Sailing** (“**RRS**”).

3 ELIGIBILITY

- 3.1 Entrants in Open Events must be helmed by a member in good standing of a recognized yacht club or sailing association. Advance registration may be required. Registration forms can be obtained at the RStLYC Office or on the Club website.
- 3.2 Entrants in member-only events (hereinafter referred to as Club-Racing Events) can only be sailed by eligible participants. An eligible participant is defined as:
- A member in good standing of the RStLYC; or a member of a GNS club member or
 - A non-member of the RStLYC, who is visiting the Club as a guest (but no more than five times over the course of the year, in accordance with the Club’s By-Laws); or
 - A non-member of the RStLYC who is participating by virtue of the Crew Voucher System. Crew Vouchers are for positions on the boat and are not tied to specific individuals. Entrants that rely on non-members to fill one or more crew positions on a regular basis can purchase sufficient Crew Vouchers to ensure that all crewmembers on the boat are, at all times, eligible to participate.
- 3.3 All entrants in RStLYC Club-Racing Events must establish their eligibility by submitting a 2018 Crew Roster Form to the Club office, for the attention of the Sailing Secretary, prior to their first race of the season. Races of entrants that fail to submit a properly completed Crew Roster Form will not be scored until they do so and, then, only for the races held after submission of their Crew Roster Form. Entrants are required to amend Crew Roster Forms as crew changes occur during the course of the sailing season and purchase additional Crew Vouchers as may be warranted by such crew changes. Copies of the 2018 Crew Roster Forms will be posted on the Official Notice Board on the Club website (www.rstlyc.qc.ca) for printing.
- 3.4 Entrants racing in a PHRF or White Sail fleet must have a valid St. Lawrence Yacht Racing Association (SLVYRA) handicap in order to be scored. For RStLYC Club-

Racing Events only, a boat without a valid SLVYRA handicap will have its finish times recorded, but not scored, by the Race Committee for a Grace Period not to exceed two weeks. If a valid SLVYRA handicap is obtained by the end of the two-week period, the boat will be scored and the Grace Period results for its fleet will be adjusted accordingly. If a valid SLVYRA handicap is not obtained by the end of the two-week Grace Period, the boat will be scored DNS until a valid SLVYRA handicap has been supplied to the Race Committee (RC). Boats without a valid handicap should contact RStLYC handicapper Jason Taylor jt.handicap@jtaylor.ca for assistance.

- 3.5 In order to be considered for scoring, all boats must be registered as per SIs and check in with the Race Committee Boat prior to the start for each event.
- 3.6 All entrants in the Club Championship must be helmed by members in good standing of the Royal St. Lawrence Yacht Club and crewed by regular members of his or her crew.

4 NOTICES TO COMPETITORS

- 4.1 The Official Notice Board will be located on the RStLYC website (www.rstlyc.qc.ca). Copies of documents may, or may not, be placed on the RStLYC Clubhouse Notice Board located in the clubhouse corridor outside the office. However, amendments, addendums or other notices issued just before a race will be posted on the Clubhouse Notice Board. It is the responsibility of each competitor to check both notice boards for any amendments, addendums or other notices.
- 4.2 The Official Notice Board for the Good Neighbour Series is at www.slvyra.ca/gns

5 CHANGES TO SAILING INSTRUCTIONS

- 5.1 Any change to the sailing instructions will be posted on the Clubhouse Notice Board before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect.

6 SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed on the Club Flag Pole on the front lawn, or on the Race Committee Boat.
- 6.2 When flag AP with 2 sound signals, is displayed ashore, “1 minute” is replaced with “not less than 45 minutes” in the race signal AP.
- 6.3 When flag Y is displayed ashore, RRS Rule 40 applies at all times while afloat. This changes the RRS Part 4 Preamble.

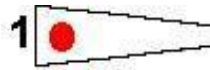
7 SCHEDULE OF RACES

- 7.1 See the RStLYC [Sailing Race Calendar](#) as well as the Notice of Race and Addenda applicable to specific events posted on the Official Notice Board.

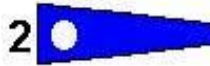
8 CLASS FLAGS

8.1 The class flags will be:

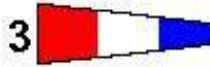
Laser 28



PHRF



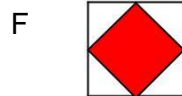
White Sail



Lightning

Lightning Flag

Fun Race



9 RACING AREAS

9.1 Keelboat events generally start West of AD18 (FIR) while dinghy events may start East or West of AD 18 (FIR). Check the Notice of Race and any Addenda posted on the Official Notice Board for event-specific racecourse locations.

9.2 When a designated course passes from the area to the West of AD18 (FIR) to the area East of AD18 (FIR), or vice versa, all yachts must pass between the yellow government yellow designated "VAL" and AD18 (FIR), commonly referred to as "The Gut".

10 THE COURSES

10.1 Course signals will be displayed on the Race Committee Boat by showing the number of the course or drop mark name (see MARKS below) or number of the SLVYRA / government mark in order from left to right. Names or numbers displayed on a green background are to be rounded to starboard; those on a red background are to be rounded to port. The placard '2X' displayed after a set of names or numbers means that the part of the course preceding the placard must be sailed twice around, a '3X' means three times around, etc.

10.2 For Club-Racing Events, the Laser 28 courses will be displayed on the starboard side of the Race Committee boat and the PHRF and White Sail courses will be displayed on the port side or stern (if White Sail sails an alternate course) of the Race Committee boat.

10.3 Alternatively, the race committee may signal race courses by course type as follows:

Course Type	Committee Boat Designation	Sequence of Marks
Sausage	S	WOF
	Sx2	WOLWOF
	Sx3	WOLWOLWOF
Harry A.	HA	WOGMF
	HAx2	WOGMLMF
	HAx3	WOGMLWOF
Gold Cup	GC	WOGLWOF

The approximate mark layout is depicted below. Note that all marks are to be taken to port except, when sailing the Harry A course, M is to be taken to starboard.

O W

G

M

L

S/F ----- RC

11 MARKS

11.1 Marks may be drop marks, Government Buoys or SLVYRA racing marks as shown on the Chart. Drop marks will be referred to by letters as follows:

W	Windward mark
O	Offset windward mark
G	Gybe mark
M	Midway mark
L	Leeward mark
LG	Leeward gate
F	Finish
X	Drop mark
CF	Club finish

12 THE START

12.1 The starting line will be between a staff displaying an orange flag on the Race Committee boat at the starboard end and the port-end starting mark, which is generally a drop mark.

12.2 There must be at least three boats to constitute a fleet and be accorded a start by the Race Committee, except that, in connection with and applicable to all fleets for the Evening Series only, the required minimum number of boats to start a race is two.

A boat that crosses the starting line later than 10 minutes after her starting signal will be scored Did Not Start (DNS), without a hearing. This changes RRS Rule A4.

13 CHANGE OF THE NEXT LEG OF THE COURSE

13.1 To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

14 THE FINISH

14.1 The finishing line will be between a staff displaying an orange flag on the Race Committee boat and the finishing mark.

15 PENALTY SYSTEM

15.1 For Club-Racing Events, RRS Rule 44.1 is changed so that the One-Turn Penalty replaces the Two-Turns Penalty. This changes RRS Rule 44.1.

16 TIME LIMITS AND TARGET TIMES

16.1 The time limits and/or target time, if any, will be specified in the Addendum for each specific event.

17 PROTESTS AND REQUESTS FOR REDRESS

17.1 Protest forms are available on the SLVYRA website. Completed protest forms must be completed and accessible to the Race Committee during the Protest Time, which is within one hour of the Race Committee boat returning to the harbour after racing or otherwise specified in the SIs.

17.2 For RStLYC Club-Racing Events, protest hearings will be scheduled at the discretion of the Standing Protest Committee. Special arrangements may be made to hear protests at a different time and, in such case, the parties will be duly notified. For Open Events, whenever possible, protest hearings will be heard the same day as the race or event.

18 SPECIAL RULES

18.1 Boats may sail or motor backwards for the purpose of de-weeding provided that they do not interfere with any other boats racing in their vicinity and that they do not use motor propulsion to gain a significant and/ or unfair position in the race (RRS Rule 42.3i).

19 PRIZES

19.1 Prizes may be awarded soon after the conclusion of a race or series for specified events. All RStLYC Club-Racing event prizes will be awarded at the RStLYC Prize Giving Ceremonies. Prizes will be awarded to the top three finishers for events in which there are five or more competitors, to the top two finishers for events in which there are four competitors and first place if there are three competitors.