



Duggan Cruising Cup
July 3 – 4, 2021
The Royal St Lawrence Yacht Club

SAILING INSTRUCTIONS (SIs)

1 RULES

1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.

2 CHANGES TO SAILING INSTRUCTIONS

2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

3.1 Notices to competitors will be posted on the official notice board located at <https://rstlyc.qc.ca/notice-of-race> .

3.3 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 77.

3.5 While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed on the flap pole located in the centre of the front lawn.

5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

6 SCHEDULE OF RACES

6.1

Date	Event	Time
July 3 rd	Competitors' Meeting	930 AM
July 3 rd	Race	TBD
July 3 rd - 4 th	Overnight Stay, aboard – near Soulanges Canal	-

6.3 The scheduled time of the warning signal for first race shall not be before 1030 AM.

6.4 To alert boats that a race will begin soon, the orange starting line flag will be displayed one minute before a warning signal is made.



7 CLASS FLAGS

7.1 The Class flag is Numeral Pennant 1.

8 RACING AREA

8.1 The racing area is Lake St Louis, with further information provided during the competitors meeting

9 COURSES

9.1 The course to be sailed will be defined at the competitors meeting.

10 MARKS

10.1 Mark(s) shall be inflatable yellow cylinders and government marks.

12 THE START

12.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.

12.3 The starting line is between a staff displaying an orange flag on the Race Committee vessel at the starboard end and the course side of the port-end starting mark.

12.7 A boat that does not start within 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

14 THE FINISH

14.1 The finish will be defined at the Competitors' Meeting.

14.2 The first boat to finish shall remain on station and record the finishing times of the remaining competitors.

17 HEARING REQUESTS

17.1 The protest time limit is 60 minutes after the last boat finishes.

17.2 Hearing request forms are available from the race office
<https://rstlyc.qc.ca/notice-of-race> .

18 SCORING

18.1 Boats will be scored in their finishing order on corrected time (PHRF).

19 SAFETY REGULATIONS

19.1 A boat that retires from a race shall notify the race committee or a fellow competitor at the first reasonable opportunity.

29 PRIZES

29.1 The overall winner shall receive the Duggan Cup, to be awarded at RStLYC Prizegiving

30 RISK STATEMENT

30.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event



each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

31 INSURANCE

- 31.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$2,000,000.00 CAD per incident or the equivalent.