

ADDENDUM – 3

Covid-19 Protocols

The success of a safe racing environment in the Good Neighbour Series relies on the ability of all participants and organizers to rigorously apply FVQ (Fédération de Voile du Québec) health guidelines in the practice of our favourite activity. Caution should be our main focus. The virus and the Delta variant are still out there and it is everyone's responsibility to protect all against it.

- 1- Each club shall not have more than 50 participants gathering on their grounds prior to, or after a race.
 - 2- The main directive for any boat with crew NOT from the same household is to limit the number of crew on board in order to ensure that a physical distancing of 1m is maintained AT ALL TIMES.
 - 3- Close contacts (less than 1m distancing), brief and infrequent are permitted, and the cumulative time of the close contacts must not exceed 15 minutes for the entire day. Mask-wearing is recommended for keelboats during this close contact.
 - 4- Additional considerations:
 - **A mask is not effective when wet or damp and can be dangerous for nautical activities where the risk of falling in the water is present.**
 - Disinfect the boat if last used within 48 hours;
 - Carry out as many of the preparations as possible at the dock, with the least number of crew possible;
 - Allow your crew to board the boat at the last minute and only for the duration of the race;
 - Each crew should use their own equipment as much as possible (ex. Sunscreen, hat, gloves, lifejacket, etc.)
 - Prohibit access to the cabin to anyone who is not from the same household as the owner or primary user;
 - For each race, the owner or primary user shall keep a log of the races, duration, crew on board, and their contact details;
 - When crewing your boat, favour those from the same household;
 - Choreograph your manoeuvres and movement on the boat to reduce the amount of time the 1m physical distance requirement is broken to a minimum;
 - As much as possible, avoid being downwind of another person;
 - Limit the sharing of gear and equipment. Should this occur, have disinfection protocols in place;
 - Stick to the same crew as much as possible, especially if you are planning to participate in several races throughout the season;
 - 5- Boats that do not allow 1m distancing AT ALL TIMES, only single-handed or family bubbles are permitted.
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