



The Strathcona Cup
The Royal St Lawrence Yacht Club

~~*June 26, 2021*~~

Rescheduled: July 10, 2021

SAILING INSTRUCTIONS (SIs)

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located at <https://rstlyc.qc.ca/notice-of-race> .
- 3.2 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 77.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flag pole located in the centre of the front lawn.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

5 SCHEDULE OF RACES

- 5.1 The competitors meeting will be at ~~9~~ **08h30** AM on the front lawn of RStLYC.
- 5.2 The scheduled time of the warning signal for the race is ~~1030~~ **10h00** AM.
- 5.3 No warning signal will be made after 2 PM.

6 CLASS FLAGS

- 6.1 The Class flag is *numeral pennant 1*.

7 RACING AREA

- 7.1 The racing area is *Lake St Louis*, with further information provided during the competitors meeting.



8 COURSES

8.1 The course to be sailed will be defined at the competitors meeting.

9 MARKS

9.1 Marks are both yellow inflatable cylinders and Government marks.

9.2 The port-end starting mark shall be a yellow inflatable cylinder.

9.3 The starboard-end finishing mark shall be a yellow inflatable cylinder.

10 THE START

10.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.

10.2 The starting line is between a staff displaying an orange flag on the Race Committee vessel at the starboard end and the course side of the port-end starting mark.

10.3 A boat that does not start within 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

11 THE FINISH

11.1 The finishing line is between a staff displaying a blue flag on Race Committee vessel and the course side of the finishing mark.

11.2 If the race committee is absent when a boat finishes, she shall report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

12 PENALTY SYSTEM

12.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

13 TIME LIMITS

13.1 Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

| Race Time Limit | Finishing Window |
|-----------------|------------------|
| 5 Hours | 1 Hour |

13.2 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.



- 13.3 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).
- 14 HEARING REQUESTS
- 14.1 The protest time limit is 60 minutes after the last boat finishes.
- 14.2 Hearing request forms are available from the race office at <https://rstlyc.qc.ca/notice-of-race> .
- 14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 15 SCORING
- 15.1 Boats will be scored in their finishing order on corrected time (PHRF)
- 15.2 *Non-cruising class boats will be scored separately in over-all standings of Cruising Class yachts and non-Cruising Class Yachts.*
- 16 SAFETY REGULATIONS
- 16.1 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.
- 17 PRIZES
- 17.1 The Strathcona Cup will be awarded to the first Cruising Class yacht on corrected time.
- 17.2 Prizes will be given for the top 3 Cruising Class yachts.
- 17.3 A prize will be given to the first *in the over-all standings of Cruising Class Yachts and non-Cruising Class Yachts.*
- 18 RISK STATEMENT
- 18.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.
Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.
- 19 INSURANCE
- 19.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$2,000,000.00 per incident or the equivalent.